

Stephanie Ward

BSc Hons MCSP

I qualified as a Chartered Physiotherapist in 2008 and started my career in Barnsley.

Since graduating I have gained extensive experience in the NHS. I have worked in musculoskeletal outpatients, condition management incorporating CBT techniques, pain management, elderly care and falls prevention, respiratory, neurological outpatients, neurological inpatient rehabilitation and stroke rehabilitation. I have worked primarily in the rehab setting, both in inpatients, outpatients and in the community.

I HAVE SPECIALIST AND EXTENSIVE EXPERIENCE IN

Stroke
Traumatic and acquired brain injuries
Vestibular conditions

MS
Parkinson's Disease
Older Persons Rehabilitation

My interest is in the assessment and treatment of neurological conditions through movement analysis and specialist handling to achieve functional, patient led goals. I enjoy developing a therapeutic relationship with my clients and being an advocate for them.

I am a fully qualified APPI Pilates Instructor and have over 10 years experience teaching Pilates both in a class setting and to individuals.

I have also been a guest lecturer at Leeds Beckett University.

I maintain my continuing professional development by attending courses including Bobath and ACPIN courses.



Thank you so much for your help and guidance over the last few months. You have changed my life around and I continue to improve



I just wanted to say thank your for all you help and empathy with mum – I know it made her feel better



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