

Emma Richards

Grad Dip Physiotherapy MSc Physiotherapy MCSP

I qualified as a Chartered Physiotherapist in 1990. I started my career at the Royal Free in London where I developed a specialist interest in Neurological Rehabilitation.

I have also worked on a head injury unit in Sydney, Australia, at Barnsley Teaching Hospital and at Sheffield Teaching Hospitals.

During these posts I have worked in neuro medicine, as a clinical lead in stroke rehab, in the community neurological early discharge team and on a head injury unit.

I HAVE SPECIALIST AND EXTENSIVE EXPERIENCE IN

Stroke
Head Injury
Multiple Sclerosis

Parkinson's Disease
Other neurological conditions
Vestibular rehabilitation

My interest is working with patients with complex neurological presentations and optimising their rehabilitation potential through holistic, client centred interventions. I use a client centred and evidence based approach with a bias towards efficiency of movement. I use movement analysis and hands on facilitation to improve my client's ability to function in everyday life.

I currently work alongside my private practice as an associate senior lecturer at Sheffield Hallam University.

I maintain my continuing professional development by attending courses including Bobath and I am BBTA Bobath Trained.

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Since working with Emma I have achieved things with my walking I never thought possible. Improving my walking has improved my confidence and self worth

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I think it would be hard to find a better physiotherapist; I hope to remain one of her patient's for as long as she practises

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I am a member of:

